

Curriculum Vitae

ABIGAIL GEWIRTZ

Room 294 McNH

St Paul, MN 55108

(612) 624-1475

agewirtz@umn.edu

<http://www.cehd.umn.edu/fsos/people/faculty/GewirtzA.asp>

<http://www.cehd.umn.edu/fsos/projects/adapt/>

Education

PhD, Columbia University, New York, New York, United States Clinical Psychology	1997
MA, <i>Magna cum laude</i> , Tel Aviv University, Tel Aviv, Israel Psychology	1991
BS, University College London, London, England, Psychology	1986

Licenses and Certifications

Licensed Psychologist, State of Minnesota.	January 1, 2001 - Present
--	---------------------------

Languages: Hebrew

Academic Administrative Appointments

Director Institute for Translational Research in Children's Mental Health, College of Education and Human Dev	June 2013 - Present
---	---------------------

Current Membership in Professional Organizations

Association for Psychological Science	June 1, 2011 - Present
National Council on Family Relations	January 1, 2010 - Present
International Society for Traumatic Stress Studies	January 1, 2008 - Present
Society for Prevention Research	January 1, 2005 - Present
Minnesota Psychological Association	January 1, 2002 - Present
Society for Research in Child Development	January 1, 2000 - Present
American Psychological Association	June 1, 1997 - Present

HONORS AND RECOGNITION

External Sources

Excellence in Research on Military and Veteran Families Award, Military Family Research Institute <i>Finalist</i>	2019
Fellow, American Psychological Association	2019

RESEARCH, SCHOLARSHIP, AND CREATIVE WORK

Grants, Contract, Awards: External Sources

Award: Implementation of ADAPT across the FT Bragg, NC, military
Principal Investigator: Gewirtz, Abigail
Status: Accepted

Sponsoring Organization: BRISTOL-MYERS SQUIBB COMPANY
Award Dates: May 1, 2019 - May 31, 2023

Project: Implementation of ADAPT across the FT Bragg, NC, military health system

Project Team: Abigail Gewirtz (Principal)
Status: Approved
Project Dates: May 1, 2019 - May 31, 2023

Award: Stress wearable project

Project Investigators: Gewirtz, Abigail
Status: Funded
Sponsoring Organization: Lynne and Andrew Redleaf Family Foundation
Award Dates: July 2019 - June 2022

Award: The Center for Resilient Families

Principal Investigator: Gewirtz, Abigail
Status: Accepted
Sponsoring Organization: DHHS SAMHSA SUBSTANCE ABUSE AN
Award Dates: September 30, 2016 - September 29, 2021

Project: The Center for Resilient Families

Project Team: Abigail Gewirtz (Principal), Christine Bray (Co-Investigator)
Status: Approved
Project Dates: September 30, 2016 - September 29, 2021

Award: SMART optimization of a parenting program for active dut

Principal Investigator: Gewirtz, Abigail
Status: Accepted
Sponsoring Organization: U.S. DEPARTMENT OF DEFENSE
Award Dates: September 30, 2016 - September 29, 2020

Project: SMART optimization of a parenting program for active duty families

Project Team: Abigail Gewirtz (Principal)
Status: Approved
Project Dates: September 30, 2016 - September 29, 2020

Award: Comparing web, group, and telehealth formats of a milita

Principal Investigator: Gewirtz, Abigail
Status: Accepted
Sponsoring Organization: US DEPT OF DEFENSE ARMY
Award Dates: June 1, 2014 - May 31, 2020

Project: Comparing web, group, and telehealth formats of a military parenting program

Project Team: Melissa Polusny (Co-Investigator), Abigail Gewirtz (Principal),
Melissa Polusny (Co-Investigator)
Status: Approved
Project Dates: June 1, 2014 - May 31, 2020

Pending/Submitted:

Proposal: Secondary mega-analysis of Parent Management Training-Oregon Model RCTs

Role: Principal Investigator
Proposal ID: CON00000084435
Status: Submitted
Sponsoring Organization: NATIONAL INSTITUTES OF HEALTH (NIH)
Date Submitted: December 20, 2019
Requested Amount:
Anticipated Direct Amount: \$1,200,000
Percent Effort: 20%
Purpose: Research

Proposal: Alcohol use disorder symptoms in previously-deployed mil

Role: Co-Investigator
Proposal ID: CON00000078828
Status: Submitted
Sponsoring Organization: NATIONAL INSTITUTES OF HEALTH (NIH)
Date Submitted: February 12, 2019
Requested Amount: \$400,000
Anticipated Direct Amount:
Percent Effort: 2%
Purpose: Research

Publications

Asterisk() - indicates student author*

Published

Book

(2019). *Strengthening the Military Family Readiness System for a Changing American Society National Academies of Sciences, Engineering, and Medicine; Division of Behavioral and Social Sciences and Education; Board on Children, Youth, and Families; Committee on the Well-Being of Military Families; Editors: Suzanne Le Menestrel and Kenneth W. Kizer. Washington (DC): National Academies Press (US); 2019 Jul 19. [Published]*

Book Chapter

DeGarmo, D. S., & Gewirtz, A. H. (2019). Fixed allocation and dynamic adaptive intervention designs for family psychology. *APA Handbook of Contemporary Family Psychology* (vol. 1). Washington, DC: American Psychological Association. [Published]

Refereed Journal Article

Gewirtz, A. H., Snyder, J., Zamir, O*, Zhang, J*, & Zhang, N*. (2019). Effects of the After Deployment: Adaptive Parenting Tools (ADAPT) intervention on fathers and their children: A moderated mediation model. *Development and psychopathology*, 31(5), 1837-1849. [Published]

August, G. J., & Gewirtz, A. (2019). Moving toward a precision-based, personalized framework for prevention science: Introduction to the special issue. *Prevention Science*, 20(1), 1-9. [Published]

Sigmarsdóttir, M., Forgatch, M. S., Guðmundsdóttir, E. V., Thorlacius, Ö., Svendsen, G. T., Tjaden, J., & Gewirtz, A. H. (2019). Implementing an evidence-based intervention for children in Europe: evaluating the full-transfer approach. *Journal of Clinical Child & Adolescent Psychology*, 48(S1), S312-S325. doi: <https://doi.org/10.1080/15374416.2018.1466305> [Published]

Zhang, N*, Piehler, T. F., Gewirtz, A. H., Zamir*, O., & Snyder, J. (2019). Trait Mindfulness and Anger in the Family: A Dyadic Analysis of Male Service Members and their Female Partners. *Journal of marital and family therapy*. [Published]

Zhang, N*, Zhang, J*, & Gewirtz, A. H. (2019). Do less mindful mothers show better parenting via improvements in trait mindfulness following a military parent training program? *Frontiers in psychology*, 10, 909. [Published]

Gewirtz, A. H., Lee, S., August, G., & He, Y*. (2019). Does giving parents their choice of interventions for child behavior problems improve child outcomes? *Prevention Science*, 20(1), 78-88. [doi: 10.1007/s11121-018-0865-x](https://doi.org/10.1007/s11121-018-0865-x) [Published]

Conference Proceeding

(2019). *Abigail, G., Liqi, Z., Martin, O., Timothy, P., & Gewirtz, A. (2019). HELP ME GET PUBLISHED! WRITING FOR PEER REVIEWED JOURNALS. In XVI EUROPEAN CONGRESS OF PSYCHOLOGY (pp. 650-650)* [Published]

(2019). *Wagner, U., & Gewirtz, A. H. (2019). PROMOTING HUMAN RIGHTS THROUGH GOOD PSYCHOLOGICAL SCIENCE: PREVENTION RESEARCH AS A CASE EXAMPLE. In XVI EUROPEAN CONGRESS OF PSYCHOLOGY (pp. 334-334b)* [Published]

Revising to Resubmit

Refereed Journal Article

Donisch, K.*, Zhang, Y., Frank, S., Bray, C., & Gewirtz, A. H. (revise and resubmit, *Journal of Behavioral Health Services & Research*). Development and Validation of the University of Minnesota's Traumatic Stress Screen for Children and Adolescents (TSSCA). [Revising to Resubmit]

Ali-Saleh, N.*, Gewirtz, A.H., & Marsalis, S. (under review, *Clinical Child and Family Psychology Review*). Psychological Intervention and Prevention Programs for Exposure to Community Violence: A Systematic Review. [Revising to Resubmit]

Resubmitted

Refereed Journal Article

Zhang, N., Hoch, J., & Gewirtz, A. H. (under review, *Prevention Science*). Vagal flexibility moderates the effects of a military parenting intervention on father involvement: Findings from a randomized controlled trial. [Submitted]

Online Publication Ahead of Print

Refereed Journal Article

Zhang, J*, Lee, S. K., Piehler, T. F., Gewirtz, A. H., & August, G. J. (2019). Bidirectional Relations between Parenting Practices and Child Externalizing Behaviors in Formerly Homeless Families: A Random-Intercept Cross-Lagged Panel Analysis. *Parenting, Science & Practice*, 1-23. [doi: https://doi.org/10.1080/15295192.2019.1694833](https://doi.org/10.1080/15295192.2019.1694833) [Online Publication Ahead of Print]

Zamir, O., Gewirtz, A. H., Cheng, C. H*, Zhang, N*, & Lavee, Y. (2019). Psychological distress and communication quality in military couples after deployment to war. *Journal of Family Psychology*. Advance online publication. <https://doi.org/10.1037/fam0000589>. [Online Publication Ahead of Print]

Zhang, J*, Palmer, A*, Zhang, N*, & Gewirtz, A.H. (2019). Coercive parenting mediates the relationship between military fathers' emotion regulation and children's adjustment. *Journal of Abnormal Child Psychology*. [Online Publication Ahead of Print]

Accepted

Refereed Journal Article

Zhang, N*., Lee, S. K., Zhang, J*., Piehler, T., & Gewirtz, A. (2019). Growth trajectories of parental emotion socialization and child adjustment following a military parenting intervention: A randomized controlled trial. [Accepted: 2019]

Book Chapter

Buchanan, G.* , Gewirtz, A. H., Lucke, C.* , & Wambach, M. R.* (in press). The Concept of Childhood Trauma in Psychopathology: Definitions and Historical Perspectives. In G. Spalletta, D. Janiri, P. Brogna, & G. Sana (Eds.), *Childhood Trauma in Mental Disorders: A comprehensive approach*. Springer. [Accepted: 2019]

Gewirtz, A. H., Rahl, H., & Senich, K. (in press). Promoting resilience in children by strengthening parenting. In: C. Greenbaum, C. Hamilton, & M. Haj-Yahia (Eds.), *Handbook of Political Violence and Children: Psychosocial Effects, Intervention, and Prevention Policy*. Oxford University Press.. [Accepted: 2019]

Rahl, H., & Gewirtz, A. H. (in press). Promoting resilience in military families by strengthening families. In K. Wampler (Ed.), *Handbook of Systemic Family Therapy*. Wiley. [Accepted: 2019]

Presentations, Posters, and Exhibits

Asterisk() - indicates student co-presenter*

Keynote/Plenary Address

Gewirtz, A. (2019, Aug. 12). "When the World Feels Scary: Helping Children Stay Calm in an Anxious World." Keynote presentation at the PACER Symposium on Mental Health, Minneapolis, MN. (1,000 attendees) (2019).

Gewirtz, A. (2019, Nov. 1). "Helping Children Feel Secure in an Insecure World." Presentation at the School Nurses of Minnesota Conference, Minneapolis, MN. (200 attendees).. (2019).

Gewirtz, A. (2019, Oct.). The Psychological Impact of Traumatic World Events on Children and Families. Presentation at the "Memory, Trauma, and Human Rights at the Crossroads of Art and Science - An International, Interdisciplinary Conference", University of Minnesota. (2019).

Gewirtz, A. (2019, May 3). After Deployment, Adaptive Parenting Tools: A program for promoting resilience in military families. Military Mental Health Coalition, Camp Ripley, MN. (2019).

Paper

Gewirtz, A. (2019, July). Promoting human rights through good psychological science: Prevention research as a case example. In Wagner Ulrich's symposium, "Psychology from a human rights perspective." Annual meeting of the European Congress of Psychology, Moscow, Russia. (2019).

Gewirtz, A. (2019, May). Effects of a mindfulness-informed military parent training program on mothers' and fathers' emotion regulation. In Na Zhang's (chair) session on "Theoretical and practical issues in mindfulness-informed behavioral parent training programs: What did we learn and where should we go next?" Society for Prevention Research, San Francisco, CA (2019).

Poster

Gewirtz, A., Jankowiak, M., Rodriguez, M.D. (2019, Sept.) Leveraging Technology to Expand Reach and Tailor Programs for Diverse and Dispersed Populations. Storyboard presentation at the Annual Global Implementation Conference. Glasgow, Scotland. (2019).

Presentation/Talk

- Gewirtz, A.** (2019, July). Help me get published! Writing for peer reviewed journals. Panel presentation, Annual meeting of the European Congress of Psychology, Moscow, Russia. (2019).
- Gewirtz, A.** (2019, July). SMART Optimization of a Parenting Program for Active-Duty Families. Department of Defense-National Institute of Health grants in-progress review meeting, FT. Detrick, MD. (2019).
- Gewirtz, A.** (2019, May 21-22). ADAPT implementation at WAMC (Womack Army Medical Center). Presentation to military leadership, FT. Bragg, NC. (2019).
- Gewirtz, A.** (2019, Sept.). Translational research: early steps from research to practice. Colloquium presentation, Institute for Translational Research in Children's Mental Health, University of Minnesota.(2019).

Media Contributions

- "The startling toll on children who witness domestic violence is just now being understood," USA Today January 29, 2019
- "After Jayme Closs returns, northwest Wisconsin wonders how to feel safe again," Star Tribune and LaCrosse Tribune January 16, 2019
- "2019, August 12, Interviewed by Leah McLean for KSTP news, "Program created by Minnesota researchers to help military family receives national attention." 2019
<https://kstp.com/news/program-created-by-university-minnesota-researchers-help-military-family-receives-national-attention-adapt/5455064/>,"
- "2019, Feb. Featured in TPT documentary series, Whole People, episodes 103 and 104, on the impact of Adverse Childhood Experiences (ACES). <https://www.tpt.org/whole-people/>," 2019

Other Research/Research in Progress

- Gewirtz, A., Bray, C. Planning, "Research involving Stress Wearables in Military Populations".
- Gewirtz, A., Bray, C. Planning, "Mothers Who Serve: Women Deployed to the Front Lines. A Photographic Essay".

ADVISING AND MENTORING

Graduate Student Activities

Advisees

- Hayley Brigman, Developmental Psychology Ph D 2019 - Present
- Joseph Maxwell, Family Social Science M A 2019 - Present
- Aditi Gupta, Family Social Science M A 2019 - Present
- Hayley Rahl, Child Psychology Ph D 2018 - Present
- Qiyue Cai, Family Social Science M A 2018 - Present
- Cheuk Hei Cheng, Family Social Science Ph D 2018 - Present
- Jingchen Zhang, Family Social Science Ph D 2018 - Present
- Lijun Li, Family Social Science Ph D 2017 - Present
- Kadie Ausherbauer, Family Social Science Ph D 2016 - Present

Hayley Brigman, Developmental Psychology M A 2019
Hayley Brigman, Child Psychology M A 2019
Monica Wambach, Child Psychology Ph D 2017 - 2019
Alize Rattenni, Family Social Science M A 2017 - 2019

Committee Advising

Doctoral Final Committee: Committee Chair

Rebecca Distefano, Developmental Psychology Ph D 2019
Rebecca Distefano, Child Psychology Ph D 2019

Doctoral Final Committee: Committee Member

Carrie Depasquale, Developmental Psychology Ph D 2019
Hailey Holmgren, Family Social Science Ph D 2019 - Present

Doctoral Final Committee: Committee Reviewer

Carrie Depasquale, Developmental Psychology Ph D 2019 - Present

Doctoral Preliminary Committee: Committee Chair

Jingchen Zhang, Family Social Science Ph D 2019 - Present

Doctoral Preliminary Committee: Committee Member

Rebecca Distefano, Developmental Psychology Ph D 2017 - 2019
Gretchen Buchanan, Family Social Science Ph D 2019 - Present
Sunkyung Lee, Family Social Science Ph D 2019 - Present
Alyssa Palmer, Child Psychology Ph D 2019
Alyssa Palmer, Developmental Psychology Ph D 2019 - Present
Rachel Foster, Child Psychology Ph D 2018 - 2019
Rebecca Distefano, Child Psychology Ph D 2017 - 2019
Hailey Holmgren, Family Social Science Ph D 2019 - Present

Master's Thesis/Research Committee: Committee Member

Hayley Brigman, Developmental Psychology M A 2019

POST DOC, RESIDENT, AND TRAINEE SUPERVISION/MENTORSHIP

Alyssa Pintar Breen 2019 - Present
Sarah Hoffman, U of MN School of Nursing January 2019 - Present
Neveen Ali Saleh, Paul Baerwald School of Social Work and Social Welfare, Hebrew University of Jerusalem August 2018 - Present

MENTORING/CAREER ADVISING

Sarah Hoffman, UMN School of Nursing December 2017 - Present
Sarah is a BIRCWH scholar, and I serve as her primary mentor as an expert in family systems, parenting, and trauma. As a member of her mentorship team, I meet with Sarah 4-6 times per year to discuss her progress.

SERVICE

Service to the Discipline/Profession/Interdisciplinary Area(s)

Ad hoc Editorial Review Board

Developmental Review January 1, 2014 - Present
Journal of Abnormal Child Psychology January 1, 2014 - Present

Board of Directors

National Prevention Science Coalition to Improve Lives January 6, 2017 - Present

Chair

National Child Traumatic Stress Network, Child Welfare
Committee, Subcommittee on Parent Trauma January 1, 2009 - Present

Editor

International Journal of Psychology, approximately 100 hours
spent per year January 1, 2013 - Present

Child Development January 1, 2011 - Present

Editor-In-Chief

International Journal of Psychology January 1, 2017 - Present

Editorial Board Member

Journal of Family Psychology January 1, 2018 - Present

Military Psychology January 1, 2014 - Present

Member

National Academies of Sciences, Engineering, and Medicine,
Board on Children, Youth, and Families (BCYF) 2018 - 2019
Committee on the Wellbeing of Military Families

Public Strategies & The Office of Planning, Research and
Evaluation. Administration on Children and Families, 2018 - Present
Washington, District of Columbia

Service to the University/College/Department

University of Minnesota

Department

Chair, Graduate Admissions Committee September 2018 – May 2019

University

Faculty Senator September 1, 2017 - Present

Member, University of Minnesota Review Committee on the
Center for Cognitive Sciences June 1, 2017 - 2019